

**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF  
\_\_\_Ali J. Naini, M.D. \_\_\_

\_\_\_Ali J. Naini, M.D. \_\_\_ declares as follows:

I am the neurosurgeon who attended the case of Larry Christensen from 9/24/2012 to 10/3/2012 at Evergreen hospital. He had a small compression fracture for which I ordered one day of bed rest and hydrocephalus. I informed patient and health care DPOA, Jennifer Roach, that I could perform the hydrocephalus surgery on the following Friday, 9/28/2012 if they chose for him to be admitted or he could return home.

The expectations were that the patient would, after hydrocephalus surgery, have improved memory, better walking and decreased urinary urgency. The surgery went well.

Declaration of \_\_\_Ali J. Naini, M.D. \_\_\_ - 1

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Patient was discharged to Virginia Mason for Intensive Rehad on 10/03/2012 with no restrictions on activity.

Patient, Larry Christensen and personal assistant, Jennifer Roach, returned for a follow-up visit on 10/18/2012. Larry's back seemed to be healing fine, but he needs to be thinking all the time about improving his posture. His incisions looked normal.

Patient informed me that he did not have improvement in symptoms and that he was having severe night time sleeping issues. I pressed them to solve the sleeping problem.

I am confident that when the patient is sleeping well that he will have improvement in memory, walk better and reduced urinary urgency.

Medical records attached.

Ali. J. Naini, M.D.

Neurological Associates of Washington

Kirkland, WA

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at KIRKLAND WA [City and State] on 11/8/2012 [Date].



Ali. J. Naini, M.D.

Type name here

Declaration of Ali. J. Naini, M.D. - 2

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DECLARATION OF  
\_\_\_\_ Patricia Blacketer \_\_\_\_

\_\_\_\_ Patricia Blacketer \_\_\_\_ declares as follows:

My name is Patricia Blacketer and I am a neighbor and friend of Larry Christensen since 1999. I have worked in the Home Health field for 30 yrs as an RN and have worked with many Parkinsons patients in that time. I know Larry as a very active man who loves living in his Woodinville home. Sailing , skiing, dancing are a few of his passions. When he suffered a heart attack 4 yrs ago and later was diagnosed with Parkinsons, he had a great decline in his ability to do the things he loved most on his own. My husband Dean and I did not see him doing outdoor chores or walking in the neighborhood anymore. About two years ago he hired Jennifer as his assistant and companion/caregiver. Jennifer

Declaration of \_\_ Patricia Blacketer \_\_\_\_ - 1

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helped to get Larry set up on a daily rigorous exercise program which included daily walks and working out at the YMCA on a regular basis. His health improved gradually and dramatically. When I would talk to Larry he now talked of being able to go dancing again, sailing and even skiing. He took an extended trip out of the country. Parkinsons is a disease that conforms to the adage "Use it or lose it". Regular rigorous exercise is a key component to maintaining an active lifestyle. Jennifer is a devoted and knowledgeable caregiver. She goes above and beyond to ensure Larry is maintaining his health and doing the active things he loves most. My husband and I visited Larry when he was hospitalized in Oct at Evergreen Health. He said he wanted to be able to go home to his own house. I hope and pray this will be the outcome for him.

Sincerely,

Patricia Blacketer RN BSN

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Woodinville, Wa [City and State] on Nov 11, 2012 [Date].



\_\_\_\_\_  
Patricia Blacketer

Type name here

Declaration of Patricia Blacketer - 2

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DECLARATION OF  
Bud Elde

Bud Elde declares as follows:

I have known Larry Christensen for nearly 40 years and have been a next door neighbor for 32 years. I have been in the building business all my life and helped Larry build his house. He has always been a good neighbor, kind, friendly and honest. I spent time with him when his wife passed away.

He became ill with Parkinson's and then Jennifer came into his life. What a blessing she has been. She got him on his feet and he could hardly walk, but she prevailed. He has improved and is now doing quite well. She rested him regularly and is so patient and kind to him.

Declaration of Bud Elde - 1

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He loves his home and that is where he would like to spend the rest of his life, here where he knows everyone and is their friend.

With Jennifer taking care of him at his home he could have happy days.

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at WOODINVILLE WA [City and State] on 11-11-12 [Date].



Bud Elde

Type name here

Declaration of Bud Elde - 2

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DECLARATION OF \_\_\_  
Patricia Peterson, MA, LMHCA

\_\_\_Patricia Peterson, MA, LMHCA\_\_\_ declares as follows:

Observations of Jennifer Roach care-giving for Larry Christensen 11-8-2012

I have observed Jennifer and Larry walking around our neighborhood for the past two years. I have been away from home during most days, so my observations have been irregular. Larry Christensen has been my neighbor for the past 30+ years. He developed Parkinson's disease a few years ago, and his seeming unsteadiness was very apparent when Jennifer began walking with him.

At first Larry and Jennifer just walked a few blocks—to the mailbox and back home. I saw them walking frequently, although I do not know their actual schedule. Over the months Larry appeared stronger, more alert, and they were walking further—up the hill

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and back. They had placed chairs and a bench along their route for him to rest. Jennifer walked closely, and sometimes within inches behind him.

In infrequent brief conversations, I learned that Larry was enrolled in a YMCA exercise program to support Parkinson patients. This exercise seemed appropriate, since Larry had always led an active life: building and sailing boats, roller skating 1/week, dancing 1/week, taking care of his yard, and when younger, running around our hill. Larry seemed to be happy and cooperative while out with Jennifer. Jennifer has always been friendly with me, and seemed very caring of Larry.

Jennifer also gardened for Larry. Larry and Jennifer took a couple of trips. My thoughts were that Larry had found a good match for a care giver. In earlier years, he and his late wife had kept a nice yard with some beautiful flowers, and had liked to travel. Jennifer's care seemed to be improving his quality of life.

Patricia Peterson, MA, LMHCA

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Woodinville, WA [City and State] on Nov 10, 2012 [Date].

*Patricia Peterson,  
MA, LMHCA*

Patricia Peterson, MA, LMHCA

Type name here

Declaration of Patricia Peterson, MA, LMHCA - 2

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DECLARATION OF \_\_\_Judy and  
Leo Dobner\_\_\_

\_\_\_Judy and Leo Dobner\_\_\_ declares as follows:

We are writing in order to give some information about what we know of Larry Christensen and Jennifer Roach. Larry has been our neighbor since 1998 when we moved into the neighborhood. We saw Larry as one would a neighbor, occasionally having a brief chat.

As time went on it became obvious that Larry was having some health issues. We don't remember when Jennifer came to be involved in Larry's life. We can say that for the past few years, we saw them on their regular walks through the neighborhood. Jennifer set up

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chairs at various spots in the neighborhood so that Larry could rest if he got tired. Larry always looked happy when we saw him.

I, Judy Dobner, am a physical therapist who works with the geriatric population. Just from my casual observations, it certainly looks like Larry has Parkinsons. I recently heard that he was diagnosed with normal pressure hydrocephalus which can look much like Parkinsons. I also know that Larry had cardiac problems. The research has show that for both conditions, those people who stay active remain functional longer and have a better quality of life. I can't specifically speak to Larry's situation since I do not know the details of his medical condition but can only speak generally.

We hope this is some use in determining what is best for Larry.

Attached is a single page about exercise research and Parkinsons.

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Woodinville WA [City and State] on 11/12/12 [Date].

*Judy Dobner*  
*Pro G Dobner*

\_\_\_\_\_  
Judy and Leo Dobner

Type name here

Declaration of Judy and Leo Dobner - 2

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Improving Care. Improving Lives

## Exercise Research

### The Current Research

- At Rhodes University in Memphis, TN, Dr. Gerecke et al. report that exercise can protect mice against toxic exposure. MPTP is a neurotoxin that is used as an animal model for Parkinson's disease, as it selectively kills dopamine neurons in the substantia nigra, the same nucleus that degenerates in Parkinson's disease. Dr. gerecke showed that 3 months of exercise provided complete protection against MPTP-induced neurotoxicity in mice. Also, if the duration of running was limited to either 1 or 2 months, or if the amount of running daily was decreased, the protective effects of exercise was abolished. Thus, daily, sustained exercise was necessary for full protection. In addition, Gerecke performed proteomic analysis to identify possible mechanisms of this protection, and found that 3 months of exercise induces changes in proteins related to energy regulation, cellular metabolism, cytoskeleton dynamics, and intracellular signaling events.
- At the University of Pittsburgh, Dr. Zigmond et al. found that exercise reduces the impairments elicited by the dopaminergic neurotoxins as well as the loss of DA neurons. This study is focused on one of several possible explanations for the beneficial effects of exercise: an exercise-induced increase in the expression of neurotrophic factors, particularly GDNF (glial-derived neurotrophic factors). Observations indicate that GDNF can reduce the vulnerability of DA neurons, in part due to the activation of key intracellular cascades. This raises the possibility that some individuals with Parkinson's disease suffer from a reduction of these neuroprotective mechanisms, and that treatments that boost these mechanisms - including exercise - may provide therapeutic benefit.
- A review of 14 studies on treadmill training found that three studies show an immediate effect of increased walking speed, longer stride length and improved balance as early as after one treadmill session. Longer-term trials, numbering 11 in all, demonstrated not only safety, but positive benefits in gait speed, strike length and related quality of life even several weeks later.
- And at the Cleveland Clinic, Dr. Alberts et al. found that when people with Parkinson's pedaled on a stationery bike 30% faster than their preferred "voluntary" rate (or forced exertion), they not only gained in aerobic fitness, but also showed improvement in motor function and coordination as well as manual dexterity. This improvement was retained some weeks after the exercise stopped.
- In a recent study conducted by Beth Fisher et al., researchers at the University of Southern California found that exercise may have an effect on the brain. On a day-to-day basis, people with PD who exercised moved more normally than those who did not. Based on these findings, they believe that exercise may be helping the brain to maintain old connections, form new ones and restore lost ones. They suggest that, in certain situations, the neuroplasticity created from exercise in patients with PD may actually outweigh the effects of neurodegeneration.
- The above are just some of the mounting evidence that shows that for people with Parkinson's, *exercise is an essential part of managing the disease*. Many researchers are working to better understand this, what makes it happen, and how to achieve the best results and the National Parkinson Foundation is supporting their efforts.

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DECLARATION OF

Eugene Mazzola

Eugene Mazzola declares as follows:

To Whom It May Concern:

I have just heard some very distressing news. Larry Christensen is no longer in his home, he is no longer in our neighborhood. My name is Eugene Mazzola and I am a neighbor of Mr. Christensen's, and have been for many years.

For the past two years I have watched Larry from my home office window. Every day, rain or shine, summer, winter, Mr. Christensen and his companion, Jennifer Roach, have walked past my home. They weren't just walking, they were fighting; fighting the

Declaration of Eugene Mazzola - 1

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ravages of Parkinson's Disease. Mr. Christensen fought every day by walking, and by his side or helping support him from behind, working with him was Jennifer Roach. We would always wave to each other and when the opportunity arose we would talk.

Just a few months ago I stopped mowing my field to visit with Larry and Jennifer. After a bit of small conversation, I told him I watched him everyday struggle with the burden of his illness. I told him something from my heart; I told him he was an inspiration to me.

Knowing Mr. Christensen, I am appalled at the thought that he is not in his home. The memories of his wife and a life well lived surround him there. The idea that he is not there and not cared for by Ms. Roach is outrageous. Whatever his physical and mental state are they cannot be so extreme that he should be further anguished by being denied his life in his home with the assistance of someone whose only concern was to keep him active, mentally and physically.

As I have mentioned, I have spoke to Larry on many occasions over the past two years and never, never did he complain to me of his exercise. In fact, we discussed his good days and bad days and how the exercising seemed to keep him strong. Parkinson's is a devastating disease, and Larry with the help of Jennifer were battling any way they could. Jennifer took him to his medical appointments and looked after him. Larry never, ever complained to me about Jennifer. I witnessed a genuine bond and camaraderie between them.

Declaration of Eugene Mazzola - 2

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Please, let Larry come home, back to his neighborhood. His life can only be worse, not better, away from everything he knows and cherishes.

Also, please review with a critical eye the intentions of the Sutherlands and the timing of their interest.

Sincerely, Eugene Mazzola

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at WOODINVILLE, WA [City and State] on 11/11/12 [Date].



Eugene Mazzola

Type name here

Declaration of Eugene Mazzola - 3

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DECLARATION OF \_\_\_Jean  
and Ron Beuslinch\_\_\_

\_\_\_Jean and Ron Beuslinch\_\_\_ declares as follows:

We have been asked to write this email on behalf of Jennifer Roach. We will give our observations in the order of the four statements given us by Jennifer. Regarding the value of exercise for his Parkinson's and heart disease we cannot comment on anything of this nature. Larry and Jennifer appear to get along just fine. We cannot comment on improvements in Larry's health in the past two years. We do, on occasion, run into Larry and Jennifer while they are walking around the neighborhood and we stop and talk. Both seem happy and Larry, being Larry and a great conversationalist, seems to be mentally sharp but sometimes physically weak. Other than our observations we do not know his

Declaration of \_\_\_Jean and Ron Beuslinch\_\_\_ - 1

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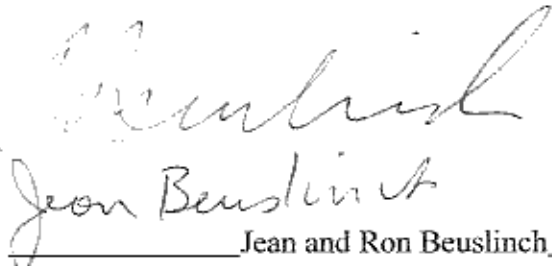
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condition and overall health. We have been neighbors with Larry for over 30 years and have very much enjoyed his personality and banter. In our minds he is a one of a kind good guy. From our observations he seems to enjoy Jennifer's presence.

Jean and Ron Beuslinch

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Linderoth WA [City and State] on 11-10-12 [Date].

  
\_\_\_\_\_  
Jean and Ron Beuslinch  
Type name here

Declaration of Jean and Ron Beuslinch - 2

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DECLARATION OF \_\_\_Dean  
Blacketer\_\_\_

\_\_\_Dean Blacketer\_\_\_ declares as follows:

My name is Dean Blacketer. I have been a neighbor of Larry Christensen since 1999. I am a self-employed Professional Civil Engineer.

I have always known Larry to be engaging, sharp witted, and very involved with different activities such as dancing and sailing. Larry would take great pride in occasionally talking about his late wife and the house he built for her. About 4 years ago, after a heart attack, Larry's physical health and to a lesser degree mental health appeared to be declining slowly but steadily. About 2 years ago, Jennifer started helping with Larry. I would always see Larry and Jennifer walking together in the neighborhood. Stopping and talking to them, I found out that Larry had Parkinson's. Jennifer demonstrated an

Declaration of \_\_\_Dean Blacketer\_\_\_ - 1

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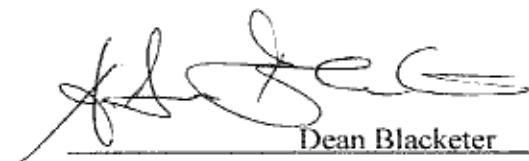
investigative knowledge of the disease and the desire to help Larry get better. She always talked about the different articles she read or experts she talked with for Larry's benefit. Besides walks, they went to YMCA together to exercise. My daughter took Larry there a couple of times this summer when Jennifer couldn't. Jennifer talked about applying to a program where Larry would be able to tandem bicycle. This could help with his Parkinson's. Jennifer appeared to be a good fit with Larry. As they both love dancing, Jennifer made sure that Larry could still go. Larry also was able to go skiing once, and do some sailing.

Over the time Jennifer has been with Larry, I personally saw Larry get better. He was able to walk greater distances with better mobility. His attitude was positive, and his mental sharpness was improving.

Based on my time with Larry, I believe he would want to be home in the house he built, in the house where he and his wife spent their last years together. I also believe that Jennifer has the best intentions with Larry, and I hope that she will have a chance to continue helping him. She has demonstrated a relentless will to do so.

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at WOODINVILLE, WA [City and State] on 11-11-12 [Date].

  
\_\_\_\_\_  
Dean Blacketer

Declaration of Dean Blacketer - 2

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DECLARATION OF

\_\_\_\_ Karen P. Schaefer \_\_\_\_

\_\_\_\_ Karen P. Schaefer \_\_\_\_ declares as follows:

Jennifer Roach is a very pleasant, happy person who immediately puts others at ease by her open, welcoming attitude. To hear that a restraining order has been requested by the Sutherlands against her in the interest of Larry Christiansen seems immediately very out of place. I have known Jennifer through her involvement in Scandinavian studies which she has pursued through Swedish lessons, and Scandinavian dance classes and cultural events several years before she met Larry. She has a masters degree and exudes a life-long learning attitude, much like Larry. She enjoys growing plants, vegetables, and fruit trees and eating a well balanced diet. She does not drink, smoke or "do drugs".

Declaration of \_\_\_\_ Karen P. Schaefer \_\_\_\_ - 1

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I was struck by her ability to always encourage us (as a friend while we were students in dance class) with a positive spin even though our physical efforts did not always match what we wished to achieve in our mind. She, herself came up with a bold idea to become a better dancer (and teacher). She would attend "senior" dances and learn to be a good follow to men "set in their ways". Then she took up learning the lead's as well as the follow's parts, so that in Scandi dance class she could see the "whole picture." She took notes and practiced almost every night, which one can do in Seattle. In this setting she was a fast learner and made many friends, learning from a variety of long-time teachers. Dance is a great way to get exercise regularly and it has been proven to stimulate neuron growth in adults. It is an excellent way to "keep young".

Larry met Jennifer at these senior dances and they had a natural affinity for each other, as they both like to bring up the humorous side of every situation. The story I heard was that after Larry's wife died and he had been in the hospital for Legionnaire's disease, Marlene Gaw and other friends at the dances had expressed concern over Larry's lack of good recovery. They felt Jennifer could help him with some house chores he wished to get done and help him navigate the Group Health network of doctors to discover (what was first diagnosed as essential tremor ended up being Parkinson's disease) more about why he was falling asleep so suddenly and some other behavioral changes. I happened to attend that spring several of these dances and met Larry's friends and saw, firsthand how well they all got along with each other, including Jennifer. Larry was also going to events independently, sometimes with Marlene. I think they will all vouch about the positive effect Jennifer had on Larry. In January 2010, a diagnosis of Parkinson disease was determined after Jennifer managed to get a neurology specialist to review Larry's symptoms. Jennifer is an excellent researcher and did much reading about this disease. She learned about the latest research through computer searches and made appointments

Declaration of \_\_\_\_\_ Karen P. Schaefer \_\_\_\_\_ - 2

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with more Drs. through Group Health. I remember her telling me how once, to everyone's surprise, Larry fell asleep right in the Dr.'s office while the Dr. was speaking to them about his condition. Jennifer suspected sleep apnea and that was tested and later identified as an additional significant factor in his inability to get healthier and stronger. (He had told us how he was once the Pacific Northwest wrestling champion.) She wanted him to be all that he could be and to help him do all the activities he loved to participate in earlier in life. She was so faithful in supporting him through the maze of doctor and physical therapist visits. She learned the exact stretching exercises he needed each day to accomplish a "natural" gait when walking. She signed them up and attended a Parkinson Conference where they were able to get the latest and best practices to hold at bay the various debilitating symptoms, which can wear down the body and spirit. She helped him get organized, with the various pills the Drs. prescribed, and reminded him to take them, explaining each time what each pill was for. Also she was diligent with the exercise programs that would train the brain to use other parts, so that Larry could attain a smooth gait, balance, posture and positive attitude about himself. She helped him discipline himself to use the C-PAP machine so that deep sleep was achieved.

Because our home is in Idaho Falls, ID, and we have a condo in Seattle, we were coming and going during this time. We would see Larry at various events where we were participating or performing as he enjoyed coming to see Jennifer dance with our group in such places as nursing homes, or The Nordic Museum Cultural Fair. Sometimes Marlene would be there, too. I thought this was very good for Larry as he was now enjoying attending the senior dances, getting better sleep and rest, and learning more about his Danish heritage. He enjoyed the special Scandi food when it was part of the evening event, too.

Declaration of \_\_\_\_\_ Karen P. Schaefer \_\_\_\_\_ - 3

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Most impressive was his new command of his walking. He NOW did not freeze with oncoming pedestrian traffic and through narrow spaces. Jennifer had set up a program of daily outside home walks and had a chair available for him to rest along the way, and at the post box to gain stamina. He had learned to use other parts of his brain to overcome the "stutter" step. She was very patient with him and he was feeling better about himself.

This was no short term relationship. They were good friends and enjoyed a routine that was giving him peace of mind as he could see himself getting stronger and more able. He was getting back to being able to plan to get out and do sightseeing trips, sailing, skiing, skating, dancing, and even horseback riding. She also helped him organize the things in his house so he could enjoy the rooms as he had originally intended to use them. The living and dining rooms were cleared of various collections and the garage was organized so he could find what he wanted. The laundry room fixtures were replaced and the deck supports were evaluated and replaced as needed. I think all these things made Larry happier as he could live in the large beautiful home he had built next to the woods. He could enjoy his life with his friends and Jennifer, who daily would help him think through what was essential to accomplish so that his long term goals could be met.

Now she hoped to help him loose the belly weight that was pulling him over, while also getting up his heart rate. She worked the telephones and through Group Health to enroll him in a Y exercise program on tandem bikes where the "stutter step problem" could be overcome by the partner. This was fantastically successful for his heart rate, and along with weight lifting machines Larry was finally being challenged in a monitored program for Parkinson patients. This was good for his whole system, as we recently learned from medical science that the brain grows new neurons when the body is physically challenged through exercise.

Declaration of \_\_\_\_\_ Karen P. Schaefer \_\_\_\_\_ - 4

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Larry and Jennifer came to visit us in March 2011 on a trip to Wyoming where he visited his home town and friends there and along the way who he hadn't seen in years. He was very happy and pleased to be spending his time this way, it seemed to us. We enjoyed their visit of 2 nights each going and also coming back (we were able to sightsee a bit of Yellowstone Park on opening day.) I walked with Larry to nearby views while Bob and Jennifer dashed through the longer board walks. It was a happy day for sure. He has been able to make several other trips as she researches and plans out the days with his and her interests met. For instance, he even went horseback riding in Colorado for a few hours, reminding him of his youth.

One really has to commend the both of them for accomplishing such a ride, seeing how he was when I first met him. In fact, a physical therapist at Group Health had told Jennifer not to expect to reverse the symptoms in a Parkinson affected person; one could only expect to slow or stall the progression. Later this same therapist was so taken aback by Larry's improvement that she said she could see that he had truly gotten better and thought him the better for it and is now working to get a better Parkinson's Physical Therapy program at the Group Healths in the Seattle area. This was a lot of daily work performed willingly by Larry with Jennifer at his side. I saw this in my home because it was a daily routine: the patient stretching of all Larry's muscles as she had been shown by the physical therapist; then daily walk down our neighborhood sidewalk, the singing and other gait admonishments to help Larry be successful.

We visited them in Seattle later and went out to eat at a favorite restaurant together. Larry was doing so well in public crowds as he knew how to use his brain to advantage. (I have to say I am a trained Montessori teacher and have worked with special needs children for our school district. My husband and I have taken a hospice course as his

Declaration of \_\_\_\_\_ Karen P. Schaefer \_\_\_\_\_ - 5

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mother had M. S. most of her life. Also my husband has had a subdural hematoma with two surgeries so I knew from reading and studying how the brain functions and repairs itself and what good practice can do for individuals.)

Jennifer is a constant positive force for Larry. She is constantly checking out how he wishes to handle the day, his goals, his time, and his energy. This spring, they again visited us for 2 days after his hernia operation and we saw how he was recovering well with her encouragement. At the last of April this year, again I visited with him and found him to be happy after his journey to the Southwest where he visited with his Dr. friend and wife, as well as seeing some of the National Parks. This summer we all took a wonderful trip to Scandinavia and I saw Larry in Norway where we were for a week. He was happy to see all the Nordleik dancing and costumes, eat the various foods, see the sightseeing and landscape. I think many of the 45 people from Seattle there enjoyed greeting him in passing at the various events.

Back in the states, I heard he had been identified after his fall as having pressure on the brain from excess fluid in the ventricles, needing to have a shunt placed in his brain to release the fluid pressure. ( I just happened to read about such a situation in Dr. Daniel Amen's book about brain health. He said that incontinence, unsteady walking and forgetfulness are often signs of this condition. Once repaired to normal, in about 3 weeks there should be a change for the positive.) He had this problem when he took his fall at home (after she asked him to wait a moment for her and not go upstairs). Jennifer has been very good about following his conditions and encouraging the "medical system" to do the testing and exams for Larry's best outcome, but she had been told by his regular Drs. that he did not have this condition. She has told me how diligent she has been in seeing that he sleeps with his C-PAP on all night as that is also important in his brain

Declaration of     Karen P. Schaefer     - 6

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recovering. (I know, because my husband needed that after his brain injury accident and I could see how it helped him sleep well.)

Several attempts by us were made to reach Larry at the Sutherlands on his birthday. They had only an answering machine. When Larry did call me back, it was hard for both of us to hear each other. I put my husband on the phone and then after they talked, I spoke with him, and we both could hear each other better. (Why was that?) I asked him if he went out for his birthday at lunch or dinner. He said, "No". In any case, he wanted to know why Jennifer hadn't called him. I told him she had wanted to talk to him, but the Sutherlands had asked her to leave their house and forbade her from calling him. I said to him he must reach out to Jennifer and call her. He asked for her number and this was at the beginning of the conversation and at the very end he again went over the number to be sure he had the right numerals.

I feel that the Sutherlands have taken an unwarranted stance against Jennifer. Larry asked to talk to her and has declared he wants to live at home and with Jennifer as his companion, as in the past. He has declared she can drive his car anytime and always and knows he can trust her completely. I also will attest to her character and her behavior towards Larry and towards others. She has a consistent positive, cheery, personality, yet knows how to schedule Larry's important routines to his advantage. That he has asked to be with her and at home contradicts this restraining order. Although I have never met the Sutherlands, I have understood they (or he) were chosen to help Larry with his finances. It seems to me that suddenly they have an agenda that goes beyond that. I have heard that they want to completely care for Larry in their home, keeping him from his past routines and home life, and have actually said to Jennifer they were planning to sell Larry's belongings and that they have decided to retire early. To me this makes me wonder why this has recently become the end goal of their efforts. Although they had a sailing

Declaration of     Karen P. Schaefer     - 7

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relationship over the years, does Larry's wealth play into their plans? I know Larry paid Jennifer a daily allowance and she also helped him be sure he paid his bills. ( Since she has a degree in nuclear engineering, I am sure she could ably help him with his finances as well.) I am very concerned that the courts look into this situation of (to me) "forced change".

Although Larry has always thought they, the Sutherlands, had his best interests in mind, why the Sutherlands' sudden rejection of Jennifer as companion, who has been a ray of sunshine in his life for the past 3 years? He was asking to talk and be with her in his birthday conversation with me just last week. I am very upset to hear of this situation, even suspecting foul play.

Sincerely,

Karen P. Schaefer, friend of Larry Christiansen and Jennifer Roach, both.

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Washington, D.C. [City and State] on Nov, 10, 2012 [Date].

*Karen P. Schaefer*

Karen P. Schaefer

Type name here

Declaration of Karen P. Schaefer - 8

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

\_\_\_Robert\_ W. Schaefer\_\_\_

\_\_\_Robert W. Schaefer\_\_\_ declares as follows:

On more than a half dozen occasions over the past two years, I have observed Jennifer Roach's efforts to help Larry Christensen. I have found her to be remarkably dedicated to that goal. Foremost, she has been his advocate with the medical system, working with the insurance company to get appointments with the appropriate physicians and physical therapists. Jennifer did a lot of reading on Parkinsons disease in order to become an informed advocate for Larry. She has helped Larry take the prescribed medications and therapy, and provide feedback on how effective they work for Larry. Jennifer has made similar efforts to help Larry be active, both physically and socially.

I have also observed Larry's appreciation of what she has done for him. He is aware that he has been able to attempt skating and skiing—sports he relished most of his life—only

Declaration of \_\_\_Robert W. Schaefer\_\_\_ - 1

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because of Jennifer's efforts to afford him the opportunities. Jennifer has brought him to social dances and other activities where he could engage with friends, both old and new.

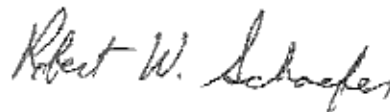
Larry has expressed that appreciation to me directly. As part of a road trip to his native Wyoming, Larry and Jennifer went with us to visit Yellowstone National Park. Part of the time, Larry and I were in one car, while Jennifer and my wife, Karen, were in a separate car. While we were alone, Larry told me how grateful he was that he was able to make the trip and said it was only possible because of Jennifer's help.

I was incredulous to learn that the Sutherlands have requested a restraining order to prevent Jennifer from having contact with Larry. One Saturday last June, I went sailing with Larry, Rick Sutherland, his daughter and a couple of others on Larry's trimaran. I had never met Rick before and found him to be quite personable and apparently a good friend of Larry's. This limited experience with Rick seems so at odds with his effort to keep Jennifer away from Larry. I am certain of Jennifer's commitment to Larry's best interests and cannot understand why Rick would not appreciate how much she has helped, and could continue to help, Larry.

Sincerely, Robert W. Schaefer, Ph. D., Nuclear Eng., M.I.T

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Washington, D.C. [City and State] on 10 November 2012 [Date].



Robert W. Schaefer

Type name here

Declaration of Robert W. Schaefer - 2

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

**NO. 12 2 02397 4**

DECLARATION OF \_\_\_ Gary  
L Seale \_\_\_

\_\_\_ Gary L Seale \_\_\_ declares as follows:

Regarding the Assistance and Living Companion of Jennifer Roach for Larry  
Christensen:

I have known Jennifer mainly from Scandinavian dancing and trips we have  
both made to Sweden for about 5 years.

About 2 years ago Jennifer began helping Larry with his Parkinsons and  
related symptoms. I do not know much about his various problems. But I  
know that Jennifer took Larry to doctors and therapy sessions. She got

Declaration of \_\_\_ Gary L Seale \_\_\_ - 1

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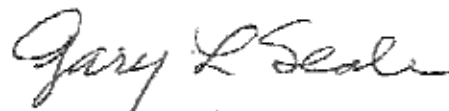
him to be active and do exercises that are suppose to be good for Parkinsons patients. They would sometimes come the dances by Skandia. Larry seemed to be making progress. They took a road trip to visit Larry's friends and to see sites in western United States.

This summer we attended the folk festival Nordlek in Steinkjer, Sweden. Jennifer, Larry, I, and two there friends shared a condo for the week of the festival. Jennifer spent a lot of time helping Larry do his exercises and taking walks. They also went to concerts and other programs and dancing of the festival. Larry could not dance, but he did seem to enjoy the festival and the traveling. He did not always want to do the exercises, but Jennifer was always very good with him. I was very impressed with the seriousness that Jennifer took with her responsibility for Larry's care, and the time and care she put into it.

Gary L Seale

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Seattle, Washington [City and State] on 11/12/2012 [Date].

  
\_\_\_\_\_  
Gary L. Seale

Declaration of Gary L Seale - 2

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

\_\_\_\_Joyce\_ Sorenson\_\_

\_\_\_\_Joyce Sorenson\_\_\_\_ declares as follows:

From Joyce Sorenson

I have known Larry for many years through dancing, first at the Washington Dance Club, then Ballard Eagles and Ballard Elks.

Larry has had many health problems in recent years and thanks to Jennifer's help and encouragement has still been able to attend some of the dances and be with his friends.

From what I have seen, Jennifer is always encouraging and helpful and has been a very bright spot in Larry's life. In fact, I don't know what he would have done without her.

Declaration of \_\_\_\_Joyce Sorenson\_\_ - 1

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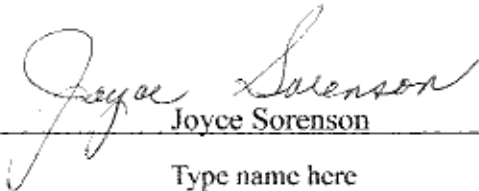
Thank goodness for Jennifer. She has been there for Larry, who was living alone, and kept him active and able to get out and enjoy as much of life as possible. I believe Jennifer has been Larry's lifeline and deserves to continue to help and encourage him because without all her knowledge and research, who else will keep him active and strong?

Joyce Sorenson

Retired from Bank of America

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Kirkland, Wa. [City and State] on Nov. 10, 2012 [Date].

  
Joyce Sorenson  
Type name here

Declaration of Joyce Sorenson - 2

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF \_\_Virginia  
F. Stout,\_\_\_\_

\_\_Virginia F. Stout\_\_ declares as follows:

To Whom It May Concern: Re: Jennifer Roach

It is vital that you know what a fine person Jennifer Roach is. I have known her for five or six years, since she started dancing at Skandia Folkdance Society of Seattle, WA. I am a board member of Skandia, so I have a deeper and broader knowledge of our participants and members. Ms. Roach has been a dedicated, regular member, who participates in all events and always does what she commits to.

In addition, I have known Ms. Roach through Leikarringen of Leif Erikson Lodge in Ballard. Leikarringen is a performance group that performs not only in Seattle and its environs, but also in Vancouver, B.C., and as far south as Portland, OR. On each occasion she participates wholeheartedly.

Declaration of \_\_Virginia F. Stout, - 1

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Ms. Roach also attended the Scandinavian dance festival, Nordlek, that I attended in July 2012. She made the extra effort to take her friend Larry Christensen to Denmark, where part of his family originated.

I met Mr. Christensen when Ms. Roach brought him to Skandia events. I observed the effort she makes to include him, so he can continue an active life in the community despite his physical limitations. She has worked very hard to improve his physical condition after several setbacks with severe reduction in his physical abilities. She routinely takes him to special exercise classes appropriate to his Parkinson's handicaps. These are not something a healthy 50-year-old would choose for herself. Her gentleness and caring are obvious. She had even planned an 80<sup>th</sup> birthday party for Mr. Christensen, which her friends would have made happen by bringing potluck dishes.

Taking Mr. Christensen to Norway, Denmark and Sweden had to be a labor of love. I have traveled with elderly, somewhat disabled, relatives and know how challenging and demanding that is. Where Ms. Roach on her own could have used public transportation, as I did, Mr. Christensen needed automobiles that Ms. Roach drove, a challenge in foreign countries on unfamiliar roads. She took time away from her own dancing to bring him to events, to shepherd him slowly around and take him home early, when he tired. He took pleasure in being with us. Sometime he would go off alone for exercise. As an 80-year-old I know the personal pleasure of being with people of all ages having an active life.

Here is my background so you have some idea of my ability to evaluate Ms. Roach. I am a research chemist with a Ph.D. in organic chemistry with degrees from Harvard and the University of Washington. I retired after a 30-year career at the NOAA Fisheries Laboratory in Seattle. At 55 years of age I began studying psychology at Antioch University Seattle. After completing an MA with emphasis on counseling and adult development, I had a nearly 20-year career doing personal and professional

Declaration of \_\_\_\_\_ Virginia F. Stout, \_\_\_\_\_ - 2

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consultation with scientists, engineers and health-care professionals. I have observed healthy adults as a professional for many years. I am very active. I work to keep myself strong and vigorous, so I can continue a fine life of volunteering. At 80 I maintain my physical health through daily yoga and regular walking, dancing, swimming, gardening and Pilates. I volunteer regularly, study and attend church and social events. All these activities together define what I judge to be a wholesome life.

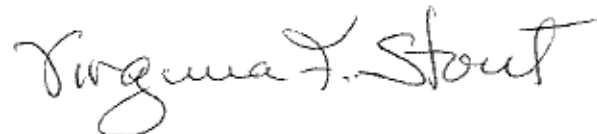
I have seen no evidence of Ms. Roach acting in any way except as a devoted, helpful, caring friend to Mr. Christensen. She acted out of concern with his unnecessary deterioration that only required daily attention to on-going physical therapy and normal exercise to counteract. She has always led a simple life and does not appear to have changed in that aspect of her life since being involved with Mr. Christensen.

I am happy to answer questions about Ms. Roach.

Virginia F. Stout, Ph.D.(Chemistry), M.A.(Psych.)

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Seattle, WA [City and State] on November 20, [Date], 2012



\_\_\_\_\_  
Virginia F. Stout

Type name here

Declaration of \_\_\_\_\_ Virginia F. Stout, - 3

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

Richard Svensson

Richard Svensson declares as follows:

I am retired with a Master of Science in Mechanical Engineering and have worked in nuclear research, so Jennifer and I often talk about nuclear matters while dancing as Jennifer has a Master of Science in Nuclear Engineering.

I met Jennifer 3 or 3.5 years ago at the Ballard Elks Sunday night dance and I met Larry there also. Larry and I both like to sail and he invited me to sail with him on his racing class trimaran, but I haven't had time to take him up on it yet.

Declaration of Richard Svensson - 1

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I know that Jennifer has dedicated a lot of her time to helping Larry get control of his Parkinson's symptoms. This is pretty amazing to me as she could easily get a job in the nuclear field and have a lot easier life style with I'm sure much more money than Larry could ever afford to pay her. She seems to me to be very dedicated to Larry.

Both Larry and Jennifer are easy people to be around and both seem content with each other's company.

-Richard Svensson. M.S.M.E.

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at SEATTLE, WA [City and State] on NOV. 11-2012 [Date].



Richard Svensson

Type name here

Declaration of Richard Svensson - 2

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

\_\_\_\_Trevor Taylor\_\_\_\_

\_\_\_\_Trevor Taylor\_\_\_\_ declares as follows:

To whom it may concern:

I have been an employee here at Lynnwood Bowl and Skate since August, 2010. I have know Larry and Jennifer as customers since last spring. They are regular customers and I usually talk with them every time they come in. Larry always seems happy to be here and I enjoy his presence and company when he is here.

For the most part he just watches the people skate. Larry comes wearing his red and white World Champion skate jacket. He seems to really enjoy when Jennifer will help him skate on the carpet area.

Declaration of \_\_\_\_Trevor Taylor\_\_\_\_ - 1

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He and Jennifer always order food and sit down and eat and I will go over and visit with them from time to time.

I think it's great Jennifer supports him by bringing him to an atmosphere he truly loves and has a passion for. Since Larry is elderly and not able to skate in the rink area, Jennifer supports his wanting to skate by helping him skate around the carpet area. She never pushes him to do more than he can even at that.

I am also a skater and certified to teach. I continue to work hard to improve my skill and am passionate about it. I think I understand Larry on some level to want to be around this atmosphere. It appears to me that Jennifer has Larry's best interest at heart and I appreciate seeing them come in and the support and encouragement she gives him to do something he has always loved to do.

Sincerely, Trevor Taylor

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Lynnwood WA. [City and State] on 11/12/12 [Date].



Trevor Taylor

Type name here

Declaration of Trevor Taylor - 2

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**SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP**

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

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JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

\_\_\_\_ Michael R. Turner \_\_\_\_

\_\_\_\_ Michael R. Turner \_\_\_\_ declares as follows:

To whom it may concern:

I am a retired Professional Engineer. I have known and been a friend of Larry Christensen for about 22 years. I met him when we were both dance roller skaters. I have seen him approximately once a month since then. In recent years, our meetings have been at social dances. Larry was usually accompanied by Jennifer Roach, his friend and companion.

Declaration of \_\_\_\_ Michael R. Turner \_\_\_\_ - 1

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*emrt*



As long as I can remember, Larry has been a kind, friendly person. He has always greeted me and my wife, Lynda, in a friendly way. When my wife is not with me, Larry always makes a point of asking about her by name.

As far as Larry and Jennifer's relationship, I have not noted anything that was remarkable. It is obvious that they are friends, and that Jennifer cares for (and takes care of) him. I've never seen any signs of conflict between them. Nor have there been any signs that Jennifer has been or is controlling Larry. Larry has often told me that he could not manage without Jennifer's help.

It is my sincere opinion that Jennifer is good for Larry.

Michael R. Turner

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Seattle, WA [City and State] on Nov 11, 2012 [Date].



Michael R. Turner

Type name here

Declaration of Michael R. Turner - 2

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SUPERIOR COURT OF WASHINGTON  
COUNTY OF KITSAP

In the Matter of:

LARRY DALE CHRISTENSEN

Vulnerable Adult/Plaintiff,

and

JENNIFER ROACH

Respondent.

NO. 12 2 02397 4

DECLARATION OF

Ralph Westermann

Ralph Westermann declares as follows:

I've known Jennifer for 12 years, she is my hiking buddy. I've gone to church with her and I've had many walks and talks. She's kind, active, knows plants and animals and gives to charity.

She had her own business and her clients adored her. She is of good character and trustworthy.

If you have any questions about this quality individual you can call me at home. I am a federal public servant for 25 years with a stellar record.

Declaration of Ralph Westermann - 1

BISHOP, CUNNINGHAM & ANDREWS, INC., (P.S.)

Attorneys at Law

3330 Kitsap Way

Box 5060, West Hills Station

Bremerton, WA 98312

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*Ralph Westermann*  
11/11/12

Ralph Westermann

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Fall City, WA [City and State] on 11/11/12 [Date].

Ralph Westermann

Type name here

*Ralph Westermann*

Declaration of Ralph Westermann - 2

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DECLARATION OF

\_\_\_\_Tresa\_ McHerron\_\_\_\_

\_\_\_\_Tresa McHerron\_\_\_\_ declares as follows:

To whom it may concern:

I met Larry Christensen and Jennifer Roach last spring . Larry was an avid skater as well as did competitions I believe he said in the late '80s. He is well connected in the skate world. He is good friends with our head coach Ana Carrier. (She is a 6 time World Champion.) Jennifer brings Larry in for dinner followed by skating. Most often he puts his skates on and mostly observes the other skaters. Myself as well as other employees have skated with him. From what I have observed he is well treated by Jennifer Roach. Larry's passion is skating. He loves being here and seems to get better and more

Declaration of \_\_\_\_Tresa McHerron\_\_\_\_ - 1

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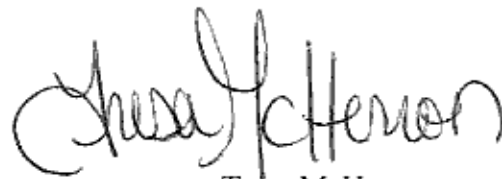
comfortable on his skates every time I see him. If you have any further questions I may be reached on my cell phone or work phone.

Tresa McHerron

Director of Operations Lynnwood Bowl and Skate

I declare under penalty of perjury under the laws of the state of Washington that the foregoing is true and correct.

Signed at Lynnwood, WA [City and State] on 11/12/12 [Date].



Tresa McHerron

Type name here